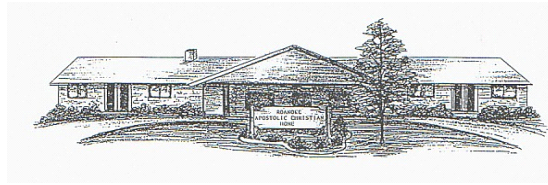


Lines From Home



Apostolic Christian Home of Roanoke

Renewed Day by Day

I'm a person who enjoys the warmth of the spring and summer seasons. This time of the year seems to affect my mood as I deal with the dreary cold days of winter. I have noticed that some of our residents feel the same way and look forward to spring. It's easy to get discouraged during this time of the year when Christmas is over and spring seems like a long way off. Recently, we read in 2 Corinthians chapter 4 where I was reminded...

16 For which cause we faint not; but though our outward man perish, yet the inward man is renewed day by day. 17 For our light affliction, which is but for a moment, worketh for us a far more exceeding and eternal weight of glory; 18 While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal.

The residents at the Home remind me what is really important in this life.....the things that are not seen. The things of this earth are only temporary....even our failing bodies. How wonderful by the grace of God that our inward spirit can be renewed every day until we can experience the eternal things He has prepared for us.

We would also like to say "Thank You" to all those who have donated to our Home this past year. We truly appreciate each donation no matter how big or small. Thank you for remembering us and the Home's mission "to provide quality care that reflects Christian love, respect, and concern for the aged and infirmed of our community."



Nathan Hoffman, Administrator

WELCOME PENNY MAHER, DIRECTOR OF NURSING . . .



I am amazed how God has brought me this opportunity to serve our residents, community, and church family here in Roanoke. The challenge of getting to know all the residents, their families, and the staff here at the Home is a challenge and a pleasure.

Here is a little information to help you get to know me. I started out my healthcare career as a CNA working in long-term care. I then attended nursing school at Mercy College in Des Moines, IA. I earned my Bachelor's degree from Illinois State University. I have worked the past 11 1/2 years at Unity Point Methodist in the Cardiovascular Intensive Care Unit.

I live in the country near Roanoke with my husband Zach, and our three children: Oliver, 8 years old, Gwyneth, 5 years old, and Elsie who is 1 1/2 years old.

Please feel free to stop by to meet me as I transition into this new role.

Penny Maher, Director of Nursing

AS MEGAN HODEL TAKES ON NEW RESPONSIBILITIES . . .

I have been asked by residents and families what I will be doing in my new position, and so I wanted to take this opportunity to share with you briefly some of my new responsibilities.

I will serve as a primary resource for regulatory compliance for the Apostolic Christian Home Director of Nurses. I will also be reviewing and recommending best practices for the nursing systems and processes, acting as a liaison between professional resources and reviewing quality measures, nursing policies, and procedures.

Annual surveys take a lot of preparation and review, so that will also be a large part of my responsibility to the Apostolic Christian Homes, as well as providing assistance if needed during the survey process.

I have really enjoyed my years as your Director of Nursing and appreciate all of your support. God bless each of you!



Megan Hodel, Corporate Nurse



STONE PURCHASED IN MEMORY OF DOROTHY TRAU

Sunday afternoon, December 3, the Dorothy Trau family held a special remembrance of their mother's passing last year by serving beautifully decorated cakes to the staff.

In addition, the family enjoyed seeing the very large stone in front of the nursing home that was purchased in memory of their mother. This beautifully engraved signage with the Home's new logo and name on the front will be enjoyed for many years. On the back side, it says "For your kind and loving care through the years, we are forever grateful. With love and sincere appreciation The Family of Dorothy Trau"

Our sincere thanks to the Trau Family for providing this new signage for the Home.

MEMORIALS

We have received memorial contributions in the amount of \$9,950.00
October - December 2017 for the following individuals:

Ida Mae Barth, resident
Clarence Campen, resident
Robert Harms, resident
Stanley Hodel, resident
Shirley Hohulin, resident
Dorothy Isaia
Alberta Murphy, resident
Martha Neukomm
Esther Sauder, resident
James Tunnell, resident
Raymond Zimmerman, resident



These contributions are used to make improvements to our nursing home
for the direct benefit of our residents and staff.
May God bless each of you for your generous support.

EMPLOYEE ANNIVERSARY RECOGNIZED

Administrator Nate Hoffman presented Service Awards to recognize the accomplishments of staff reaching a milestone number of years of service at the Home. God has blessed our Home with dedicated, caring employees who have made long-term commitments to serving our residents.



Left to Right:

- 30 years - Cindy Schwiderski, Accounting Coordinator
- 25 years - Sue Pettyjohn, Environmental Services
- 15 years - Nancy Hoffman, Accts Payable Coordinator
 - Carol Martin, Activity Aide (unavailable)
- 10 years - Linda Breach, Environmental Services
- 5 years - Connie Klusman, CNA
 - Ed Jenkins, Dietary Aide
 - Marge Hodel, Registered Nurse (unavailable)
 - Tammy Guth, CNA (unavailable)

UPCOMING FEBRUARY, MARCH, & APRIL EVENTS

February 14: Birthday Party
February 22: Family Night: "Polkas & More"

March 8: Family Night: "Solid Rock"
March 14: Birthday Party
March 30: Easter Party in the dining room at 9:30 a.m.

April 18: Birthday Party
April 19: Family Night: "Timber Creek Strings"

SHARE YOUR HOBBY



Left: Darci Kaufmann, 12 years old, is the great granddaughter of resident Helen Hoffman. Darci started drawing when she was 4 years old and is an amazing artist. She has received awards with her artwork at the 4-H fair. She showed many of her pictures as well as her comics that she has drawn. We all enjoyed seeing the work of this young artist.

Right: Diane Yuill, CNA brought in her nativity which was displayed on 2 large tables. This 1908 Fontanini Collection has over 100 pieces to this set. She has been collecting this nativity for the past 30 years. Diane has made some of the buildings and scenery in this collection.

The residents all enjoyed this beautiful nativity.



Left: Barb Meece and Ruthie Leman gave a very interesting talk about the Prison Ministry that they have done for over 10 years. Their main point that they want to convey to these women inmates is one of hope and encouragement. As stated in the Bible, Jesus instructs us to visit those in prison to bring the message of salvation and hope for the future.

Barb and Ruthie gave many examples of topics they have talked on and stated that the ladies are very receptive and respectful to them.

We all enjoyed hearing about the wonderful work these ladies do.

HOLIDAY HAPPENINGS AROUND THE HOME . .

THANKSGIVING FEAST!



The Sowers kindergarten class came to have lunch with all the residents on November 21. Wearing cute paper feather hats, the students started their program with the greeting and shaking hands with their grown up friends. They talked about Veteran's Day, did the Pledge of Allegiance in sign language, and sang songs about turkeys.

Together the children and residents made beaded bracelets that were in remembrance of special events for the pilgrims.

Following all the fun, the young and old shared a delicious Thanksgiving meal, including turkey, mashed potatoes and gravy, green beans, biscuits, and pumpkin pie.

Many thanks go to the Sowers kindergarten teachers, parent/grandparent volunteers, and students for providing another precious time together.



KITCHEN KLUB CHRISTMAS PARTY

The annual Kitchen Klub Christmas Party was held on December 14 in the Multi-Purpose Room for the ladies at the Home and Country View.

Homemade lasagna, California mixed vegetables, lettuce salad, and garlic knots were served. A delicious cranberry sparkling raspberry punch with whole cranberries wet everyone's appetite and spumoni ice cream with homemade Christmas cookies topped off the delicious meal.



Pretty tablecloths with holly leaves and evergreens along with matching napkins and beautiful centerpieces with greens and cranberries around lit votive candles made a very festive setting.

More Festivities . . .

LIVE NATIVITY by the Knapp Family



Friday, December 22, was filled with special Christmas activities, starting with a Fireside Chat: Memories of Christmas in the morning. That afternoon was a Christmas Party, including lots of holiday yummys like homemade fudge, decorated cookies, popcorn balls, and hot wassail or egg nog.

The evening concluded with the Fredrick and Marjorie Knapp Family Nativity in the lobby of the nursing home.

The true meaning of Christmas touched the hearts of the residents of the Home as well as the tenants from the Country View Apartments as they gathered around this special presentation complete with baby Jesus and many precious little angels and shepherd boys.



NEW YEAR'S EVE PARTY



Friday afternoon, December 29, residents and Country View tenants started celebrating the upcoming new year with a New Year's Eve party. A countdown and cheers with bubbly sparkling grape juice started the festivities with noise makers and kazoos. Everyone wore cute party hats munched on Chex mix, a cheeseball, and salami and cheeses with crackers.

GIFTS FOR THE YANKS



Legionnaires (L to R) Michael Ratliffe, Wallace Surratt, and Mike Adams presented the veterans at the Home and Country View apartments Christmas gifts - a blanket or jacket with the American Legion emblem on it. Thank you to those who served our country many years ago and now reside at our facility: (L to R) Edwin Ringger, Cecil Nohl, Wilmer Blunier, Al Arnold, Harold Roth, and Bob Simpson (not available for pic.)

RBHS MADRIGALS PERFORM



The Roanoke-Benson High School Madrigal singers were dressed in full costume as they entertained us at the monthly birthday party with their beautiful singing.

A special thank you goes to Jake Behrans, R-B Vocal Music Teacher, and students for this wonderful program.



DELECTABLES FROM DIETARY



As you make your plans for Easter, please remember to let Dietary know 2 weeks in advance if you wish to dine with your loved one here at the Home. We need to know ahead of time so we can purchase and prepare enough food for all the guests and residents.

Also please limit the number of guests to two per resident, as we have limited space in the dining room; and there is only the normal amount of staff here to prepare and serve everyone. Please call the kitchen at 923-2071, ext.141 to make reservations.

The cost of the Holiday meal is \$7 per person. Preferably a meal ticket can be purchased ahead of time from the front office during normal business hours. If payment needs to be made that day, please have the right amount to pay for each meal as Dietary does not have cash available to make change.

In addition, there are rooms that can be reserved for a large group, but you must bring your own food and table service. Dietary will not have staff to help with any meals brought in for large groups. Call Nancy Hoffman 923-2071, ext. 115 to find out about these other rooms.

Have a Happy Easter!

Chris Jenkins, Dietary Manager, CDM, CFPP

Easter Menu

April 1, 2018

12:00 noon

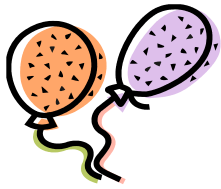
Choice of Salad Bar
Baked Ham
Grilled Salmon with Tartar Sauce
Sweet Potatoes
Mashed Potatoes with Gravy
Green Bean Casserole
Peas and Carrots
Deviled Egg
Dinner Roll
Apple Dumplings
Beverage

FYI FROM PHYSICAL THERAPY . . .

Remember when you were a child sitting at the breakfast table and your mother would tell you to “sit up straight” or “don’t slouch” and made you drink your milk before you could run off to play? Back then, you probably didn’t appreciate her advice, but now as an adult you can thank her for her wisdom.

Good posture and drinking milk, which contains calcium, are two things that can help you keep your back muscles and bones strong and prevent you from getting osteoporosis in later years. As we age, our bone mass decreases causing the bones to become more brittle which increases your likelihood of ending up with damage to tissues and even fractures to your vertebrae in your spine. A diet with adequate amount of calcium and maintaining upright posture particularly when lifting objects and with prolonged periods of standing or sitting can help reduce stress on your spine and prevent injury. Proper exercise and a healthy lifestyle can also reduce your risk of osteoporosis.

Concerned if you are at risk and what more you can do? Just stay tuned! The therapy department will be presenting on what more you can do for this in February. Please call us with any questions or if you interested in attending at (309) 923-2071 extension 130.



HAPPY BIRTHDAY TO:

February Employees'

Birthdays:

2/02 Seth Swartz
2/04 Tammy Kaster
2/06 Brenda Martin
2/14 Wayne Spencer
2/19 Kim Howell
2/24 Chris Jenkins
2/27 Carol Martin

March Employees'

Birthdays:

3/01 Teri Cargill
3/02 Linda Breach
3/04 Kathy Wiegand
3/09 Ann Stoller
3/29 Amy DeLay
3/29 Jessica O'Leary
3/30 Michelle Schmidgall
3/31 Megan Lovings
3/31 Sheila Brinkley

April Employees'

Birthdays:

4/09 Deb Reilman
4/19 Cindy Schwiderski



February Residents'

Birthdays:

2/08 Elaine Lauffenburger
2/25 Janet Beetler
2/26 Sarah Dalley

March Residents'

Birthdays:

3/08 Ralph Hammel
3/28 Carol Sauder
3/29 Helen Hoffmann

April Residents'

Birthdays:

4/04 Phyllis Remmert
4/14 Marjorie Blunier
4/18 Gertrud Moya
4/18 Eugene Fogliani
4/27 Wilmer Blunier

CURRENT EMPLOYMENT OPPORTUNITIES

Dietary Aide

Part and Full Time Dietary Aide positions available - New competitive wage scale

Certified Nurse Assistant

First and Second shift positions available

Earned Time Off available after 3 months of employment.

Applications are available:

Monday - Friday from 8:00 a.m. to 4:00 p.m. at the Business Office
OR

Visit our website to download an application at www.achroanoke.org

***Our Campus is Tobacco Free ***



Apostolic Christian Home
OF ROANOKE

1102 W. Randolph, Roanoke, IL 61561

REFLECTIONS ON 2017

As we look forward to a new year, we cannot help but reflect on the past year. Many people have touched the lives of the staff here at the Home. The following residents have passed away this past year, but left their imprint on our hearts:

Ruth Backer	James R. Hodel	Russell Plattner
Ida Mae Barth	Verna R. Hodel	Reta H. Riley
Milford J. Baumann	Shirley A. Hohulin	Esther R. Sauder
Margaret Beer	Robert W. Kipling	James H. Tunnell
Clarence R. Campen	Dorothy Laible	Patricia A. Vogel
Geneva P. Davis	Ruth M. Martin	Roger J. Wilson
Robert W. Harms	Phyllis McElheney	Mary A. Yount
Betty A. Heineke	Lyle E. Moser	Raymond A. Zimmerman
Carmen G. Hinck	Alberta Murphy	

In 2017 we had 78 admissions, 50 discharges, and 31 deaths. We sometimes talk about our “revolving door.” Each resident is special to us in their own special way. We would like to say thank you to the families of our residents for allowing them to be a part of our family. We are honored you trusted us with their care.

Emily Osterloo, Social Service Coordinator

RESIDENT SURVEY RESULTS FOR 2017

Once again this year we had very favorable results from the family survey that was conducted in October. Overall, 96% of respondents were very satisfied with care, and 95% would recommend us to others. Respondents feel their family member is safe and secure and that the staff genuinely cares about their family member’s well-being.

The results also reflect the fact that staff members respond promptly to requests and that the community provides a home-like environment. All of our departments had positive ratings with nursing staff at the top. This shows our focus and commitment to our residents as well as our desire to continue to be a 5-star facility.

Quite often I hear many praises about our nursing home. These comments come from both individuals who have a connection to the Home as well as those who have no affiliation. Whether it be family members thankful for the great care a loved one is receiving or a stranger coming into the Home and being pleased with the clean environment, we have worked hard to build up this solid reputation. Our staff goes above and beyond to provide the best care for our residents, and I am so thankful for each and every one of them.

Our staff members appreciate all those who participated in the survey. These survey results make our staff feel rewarded for their efforts. Thank you to the families who have entrusted the care of their loved one to us. We are committed to giving them “5 Star Care!”

Emily Osterloo, Social Service Coordinator

OUR VOLUNTEERS ARE SO LOVED!

We at the Home benefit from many hours of labor that our volunteers give. They do not give expecting to receive personal recognition, but they give of their time and their love to make a difference in the lives of our residents.

We do not take this for granted. We appreciate each and everyone of you that have given so unselfishly of your time for our residents during the past year.

If you are interested in becoming a volunteer at our Home, or if you are a current volunteer and would like to make changes in your volunteer status, please complete the enclosed form and return it to the Home.

SPECIAL VOLUNTEER NEEDS AT THIS TIME:

DRIVERS: Get your JO5 license (only a simple driving test) to help take residents to their doctor. appts.

MAIL: Pick up mail at the post office generally at 9:30 and deliver residents mail, taking approx. an hour. This can be once a month or as often as you desire.

BEAUTY SHOP: Help take residents to and from the beauty shop, and help with small tasks in the beauty shop on Tues. or Thurs., beginning at 8:00 a.m. for approx. 2 hours.

BAKING: Cookies, desserts, or pies are needed on a regular basis. Add your name to our list to be called occasionally. A great way to volunteer from the convenience of your own kitchen.

MAKE POPCORN: Pop popcorn once a month on Thursday morning for our residents to enjoy that afternoon. (takes approx. 1 1/2 hrs. with flexible starting time.)



Left: Jr. Volunteers Kira Kennell and Lanita Hooley came in over their Christmas break to pop popcorn for the residents to enjoy.

If you are interested in giving 1 1/2 hour, once a month to pop popcorn, please call Patsy Kaeb, Volunteer Coordinator - (309) 923-2071, ext. 114.



APOSTOLIC CHRISTIAN HOME OF ROANOKE 2018 VOLUNTEERING OPPORTUNITIES


DATE: _____

Name: _____ email address: _____

Address: _____
Street P.O. Box City State Zip

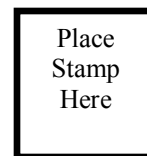
Phone: _____ Days/Months I **CANNOT** volunteer: _____

Check all areas you would like to volunteer. *A checkmark does not commit you in any way!*
Volunteering is very flexible with your schedule. You may help as little or as often as you would like.

- | | |
|--|--|
| <input type="checkbox"/> Bake cookies, pies or desserts occasionally | <input type="checkbox"/> Landscape maintenance-clean, weed, and rake, occasionally. |
| <input type="checkbox"/> Bingo: Tues. 10:00-11:00 a.m.
Friday 3:00-4:00 p.m. | <input type="checkbox"/> Office help – typing, copying, filing, etc. |
| <input type="checkbox"/> “Pop-In” - pass popcorn and drinks
(Thursdays: 2:30-4:00 p.m.) | <input type="checkbox"/> Painting, occasionally |
| <input type="checkbox"/> Sunday Morning Dining Room Servers
(6:45 – 8:00 a.m.) | <input type="checkbox"/> Popcorn – Make it on Thurs. a.m. |
| <input type="checkbox"/> Dining Room Melodies - piano players
Mon. and/or Thurs. 11:15 -11:45 a.m. | <input type="checkbox"/> Sing-a-Long - Mon. 3:00-4:00 p.m. |
| <input type="checkbox"/> Family Night - set up, serve refreshments,
cleanup, etc., (Thurs. 6:00-8:30 p.m.) | <input type="checkbox"/> Transportation (drivers of cars & minivans
needed for outings) |
| <input type="checkbox"/> Pick up mail @ P.O. and pass to residents
weekday mornings - 9:30 a.m. (approx.1 hr) | <input type="checkbox"/> Nursing Home bus or van driver
(takes a JO5 license—very easy to get!) |
| <input type="checkbox"/> Hobbies, collections, special interests, etc.
you can share | <input type="checkbox"/> Cooking (to assist our activity staff in
various monthly cooking activities) |
| <input type="checkbox"/> Beauty Shop Volunteers (Tues & Thurs.
8:00 a.m. – 10:30 a.m.- to push residents to
beauty shop & assist beautician with minor,
misc. duties) | <input type="checkbox"/> Mailings (to help with quarterly mailing of
our newsletter and/or help with a large
end-of-the-year mailing) |
| | <input type="checkbox"/> Help with Christmas decorating |
| | <input type="checkbox"/> Just call me once in a while if you need
someone  |

Please return to the Volunteer Coordinator at the Nursing Home (just fold and drop in the mail)
Any questions, please contact Patsy Kaeb, Volunteer Coordinator, at 309-923-2071, ext 114.

Thank you for your support! May God bless you for your service.



APOSTOLIC CHRISTIAN HOME OF ROANOKE
P.O. BOX 530
ROANOKE, IL 61561

ATTN: PATSY / VOLUNTEER COORDINATOR